

February 2019
Exercise in Disguise Zumba® with Heather Schodde

| Sun | Mon | Tue | Wed | Thu | S | Sat |
|-----------------------------------|---|--|--|---|----|-----|
| Heather Schodde (417) 499-0021 | Facebook Page Exercise in Disguise Zumba® with Heather | | | | 1 | 2 |
| 3 | 4 My Class 6:00-7:00 pm | 5 Jenny's Class 7:00-8:00 pm First Baptist Church Free | 6 Pound Class with Whitney Empire Market 6:30-7:30 pm \$5.00 | 7 My Class 6:00-7:00 pm | 8 | 9 |
| 10 | 11 My Class 6:00-7:00 pm | 12 Jenny's Class 7:00-8:00 pm First Baptist Church Free | 13 Pound Class with Whitney Empire Market 6:30-7:30 pm \$5.00 | 14 My Class 6:00-7:00 pm Wear Pink for Valentine's Day | 15 | 16 |
| 17 | 18 My Class 6:00-7:00 pm | 19 Jenny's Class 7:00-8:00 pm First Baptist Church Free | 20 Pound Class with Whitney Empire Market 6:30-7:30 pm \$5.00 | 21 My Class 6:00-7:00 pm | 22 | 23 |
| 24 | 25 My Class 6:00-7:00 pm | 26 Jenny's Class 7:00-8:00 pm First Baptist Church Free | 27 Pound Class with Whitney Empire Market 6:30-7:30 pm \$5.00 | 28 No Class Katrina's Class 7:00-8:00 pm First Baptist Church Free | | |

March 2019

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| 3 | 4 My Class 6:00-7:00 pm | 5 Jenny's Class 7:00-8:00 pm First Baptist Church Free | 6 Pound Class with Whitney Empire Market 6:30-7:30 pm \$5.00 | 7 My Class 6:00-7:00 pm | 8 Master Class 7:00-9:00 Mt. Hope \$10.00 | 9 |
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Zumba Classes in the Area

| Who | Where | Time and Day |
|---------------------------|-------------------------------------|--|
| Jenny and Katrina's Class | First Baptist Church Free | 7:00-8:00 pm Tuesday and Thursday |
| Katrina's Class | C.J. Community Center \$5.00 | 6:30-7:30 pm Wednesday |
| Missy Short | Midwest Regional Ballet \$5.00 | 6:00-7:00 pm Tuesday |
| Melissa | First Presbyterian Church \$5.00 | Monday 5:30-6:00 pm Zumba toning Monday 6:00-7:00 pm Zumba Wednesday 5:30-6:30 pm Zumba |
| Whitney's Pound Class | Joplin Empire Market \$5.00 | Monday and Wednesday 6:30-7:30 pm |